

GOVERNOR'S SCHOOL HEALTH AWARD

2008-2009 Success Stories



What the Winners are Saying about the Governor's School Health Award

Where the hard work begins...

The Governor's School Health Award provides a framework and guidance for the programming developed at Richmond Elementary School in support of providing an environment for our students that promotes healthy lifestyle choices. *Richmond Elementary School, Appleton Area Schools*

The Governor's School Health Award helped us critically identify areas of strength and weakness in our curriculum and wellness plan. This award, combined with the assistance of the Department of Public Instruction, has served as a motivator to our staff to improve our areas of weakness, and build on our strengths. *Bloomer Middle School, New Auburn School District*

Move it or Lose it

[It was expected that the students take the half-mile walk once a week. However, we discovered that *two-thirds of the students for each recess are walking the trail...* due to the incentives we are able to offer because of the award. *Lincoln-Erdman Elementary School, Sheboygan Area School District*

Our Education for Healthy Living School Improvement Team developed Tuesday Trekkers, a new program implemented ... to promote walking or biking to school on each Tuesday of the month. *Richmond Elementary School, Appleton Area Schools*



This year [we] implemented a lunch time intermural program. This was designed to get our kids moving in a much more active recess. It also helped with discipline problems during the lunch hour. *Tomahawk Middle School, Tomahawk School District*

Feed on the Right Fuel

[W]e felt we were doing our students a disservice by not offering a way for them to start their day with a healthy breakfast... We are now serving breakfast to students who are hungry in the morning... It is really great to see students coming together ... and enjoying the healthy food choices that we are offering them. *Richfield Jt. 1 School District*



In collaboration with the Salvation Army and Second Harvest, a backpack full of food is sent home with the students on Friday who are on free school meals. It feeds their family for the weekend when school is not in session. *New Richmond Middle School, New Richmond School District*

Fit Faculty

The staff participated in the Friends in Training (F.I.T.) club designed to promote healthy eating and physical activity. *Riverside Elementary School, Menomonee Falls School District*

The entire staff wore pedometers for a week. You could overhear people discussing how they went for a walk instead of watching a TV show and felt so great about it. *Sennett Middle School, Madison Metropolitan School District*

Come Together, Right Now!

It is through our connection with the SAFE KIDS Coalition that we have secured a working relationship with the American Heart Association, Wisconsin Bike Federation and the [Children's] Health Education Center *James Fenimore Cooper Elementary School, Milwaukee Public Schools*

This past year we went from having 20 parents involved... to 62 different parents involved and running or walking. The Governor's School Health Award process of self-evaluation made our committee aware of this hole in the community. *Edison Elementary School, Appleton Area Schools*

Local agencies, including local medical professionals and law enforcement officials, join in for a few hours of education, and fun.. *Bloomer Middle School, New Auburn School District*



Although it has taken time to implement ideas, strategies, and share visions; we feel we have created an atmosphere where by fitness, nutrition, and wellness are on the forefront. It is because of dedication and perseverance that our school has become a great community asset.

*James Fenimore Cooper Elementary School,
Milwaukee Public Schools*

SCHOOL AWARDS

A school can achieve one of four award levels and these are: bronze, silver, gold, and platinum.

IMPORTANT DATES

Award application due March 19, 2010

Award presentations May 2010

IMPORTANT STEPS

- Go online to **www.schoolhealthaward.wi.gov**.
- Print off a copy of the school application and review the questions.
- Obtain the principal's approval to apply and pre-register your school.
- Assemble a team to complete the award application.
- Submit your online application and mail in the required appendices to DPI.
- Print the action plan worksheets on the award website and develop a plan to strengthen your school health program.